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accent piece as well as helping to set the overall tone of a room.

Recognizing the popularity of home theatre systems, many entertainment centres are now designed to complement the flat TV screens, with theatre-style seating chairs that have

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built-in cup holders.

If all that shopping around has made you more confused than enlightened, it may be time to enlist the services of a professional – particularly if you're trying to work with a few pieces that you want to keep, like your grandmother's dining room table.

Berg suggests bringing in pictures of those favourite pieces, to give the sales consultant a better idea of what you're working with. And even though that dining room table didn't come with

any chairs, you don't need to worry about finding an exact match. Rather, your new chairs could complement the overall theme of the room.

Cottswood, Dempsey's and Finesse all have design consultants that can help customers choose the furniture that works best for their decor and lifestyle.

Great rooms and more openness between rooms are very popular concepts in newer homes today, but you don't have to lock yourself into one look to have those open rooms tie in together. Berg suggests tying a room together by using an area rug as an anchor point, or arranging furniture in a grouping.

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"Furniture is an extremely emotional purchase," says Berg. "You spend the most time there, so it has to be what you are happy with."



## Hypnos mattresses fit for a Queen

In modern times it seems that newly built homes and renovated older homes have a lot of things in common. Open spaces, hardwood floors, and bright, spacious island kitchens are on everybody's wish list these days. But attracting equal billing with all of those is the master suite. Your private sanctuary with its ensuite bath, walk-in closet, fireplace, entertainment centre and comfy chairs is the place you revel in your privacy.

Of course, you want it to be beautiful. You want colours that promote peace and harmony, furnishings that spoil you just a bit, and fittings that add a touch of luxury. That's why you choose a sleeping system that ensure your good night's rest.

Of all the choices available on the market today – and there are plenty – there's just one that holds the Royal Warrant to the British Royal Family.

Hypnos first supplied mattresses to the Queen Mother almost 40 years ago, and



now to Queen Elizabeth. On this side of the Atlantic, they say Oprah Winfrey and Sarah Jessica Parker are getting their beauty sleep on a Hypnos mattress.

Why the attention from those who can afford the best?

For more than a century in Britain, Hypnos has been crafting finely detailed mattresses. They are comprised of up to 2,000 individual, calico-wrapped coils (most mattresses are 600 or 700) with a honeycomb design for

tremendous comfort and support.

The Hypnos mattress is made of all-natural fibres so they are perfect for allergy sufferers. They breathe, courtesy of vents in the sides, and their thick damask covers make them more resistant to dust-mites.

Hypnos bills themselves "the most comfortable beds in the world, the very zenith of craftsmanship, expertly designed and handmade to perfection." They are available at Rogers Sleep Shops in Edmonton.