

the ultimate sanctuary

Your bedroom can be your ultimate sanctuary. Besides providing you with the place you sleep, your bedroom can be a refuge from the daily stress of life. Creating your sanctuary can be as simple as surrounding yourself with the things that make you feel content. In the ultimate sanctuary you create an environment that creates more than contentment, but will also facilitate the best possible sleep you can achieve: in short, a sleep sanctuary.

Regardless of age, gender or social status, a good mattress is one of the four key factors in building a sleep sanctuary, according to the Better Sleep Council. When the Queen Mother was building her sanctuary, she turned to Hypnos, for her mattress. Over Hypnos' 100 year history, they have become the holders of an unprecedented two Royal Warrants and have been supplying the British Royal Family for over 40 years.

According to Forbes Magazine it has been said, 'the two things that kept the Queen Mother alive to the age of 101 were her gin and tonic and her Hypnos mattress'. Maybe this is also why so many of the very posh Hotels in London use Hypnos

mattresses. According to enRoute magazine the Hypnos mattresses in The Metropolitan Hotel in London are one of the main reasons they consider it number 2 in their list of the 5 best places in the world to call home.

Oprah, Elton John, Luciano Pavarotti

In the last few years the Hypnos story has spread around the globe, as more people have found sanctuary in a Hypnos mattress. Including many well-known individuals; Oprah, Elton John, Luciano Pavarotti, Vladimir Putin, Kim Cattrall (Sex & the City) and the The King of Malaysia.

Beauty, luxury and relaxation. Three ingredients of the Ultimate Sanctuary.

The Better Sleep Council states 'Correct support is the essential ingredient for a healthy body'. This is why Hypnos uses individually pocketed coils that are honeycomb nested for the ultimate in body support. Combine this ultimate coil system with natural fibers like cotton, wool, silk and cashmere. Meticulously build it by traditional handcrafting methods, and you have, as Hypnos puts it, the Most Comfortable Bed in the World.

Further, Hypnos has been touted as the perfect mattress for people with allergies. Right from natural fibres to the unique and natural methods to control, if not eliminate, things like mold, mildew and dustmites, are all part of Hypnos' claim to fame.

As you begin your venture into creating your unique sanctuary, be sure to budget for the *crème de la crème* of mattresses. A mattress of this quality is well worth the investment to make your sanctuary, the ultimate sanctuary.

Mike, British Columbia
"After sleeping on this bed for six months, both my wife and I have noticed a considerable increase in the quality of our sleep. Having traveled and staying at many quality hotels worldwide, none have met the benchmark of our Hypnos bed."

Kathie and Michael, Alberta
"Both of us have various sports related aches and pains (back, shoulders and neck) that have made a peaceful sleep impossible. All that has changed with our new Hypnos mattress!!"

Fran Gloger of Potomac
"We decided to go for something really great and bought a Hypnos," said Gloger, 44, a stay-at-home mom with a 6- and 7-year-old. "My hips were giving me a lot of pain," she said, but after the first night in their new bed, "I woke up the next day and didn't have pain in my hips."

The finishing touch to your sanctuary! THE MOST COMFORTABLE BED IN THE WORLD



Handcrafted under the Royal Warrants of her Majesty Queen Elizabeth II and the late Queen Mother.

Elegantly covered in the finest gold and silver Belgian damask, the deep luxurious pocket coil mattress encloses the very best of trusted traditional fillings including pure silk, cashmere and lambs wool. It is the very zenith of craftsmanship, expertly designed and handmade to perfection. You will drink deeply from the well of sleep, and awaken to a new morning completely refreshed and revitalized.



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